



My Skeleton

Facts about our Skeleton.



There are 206 bones
in your skeleton.

Your skeleton
supports your body
and helps you move.

Calcium helps your
bones to develop and
grow properly.



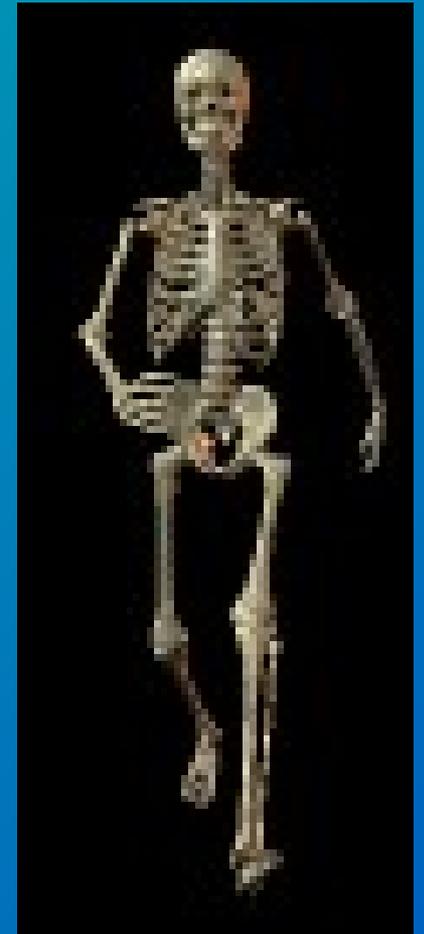
Facts about our Skeleton.



There are tiny bones
in your ears!

The longest bone in
your body is in your
leg.

Your skull protects
your brain from
serious injury.



Our Bones.

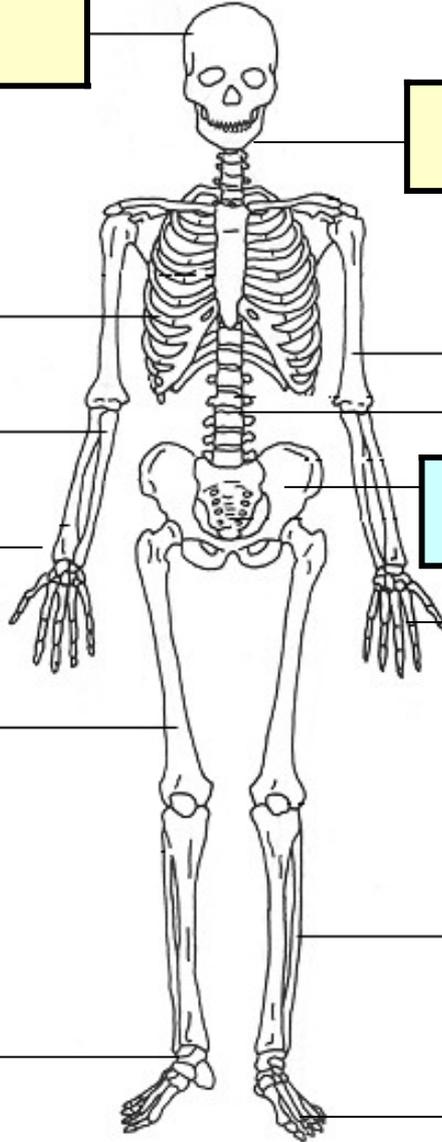
Bones have names. Let's have a look at what some of our bones are called.



Our Bones.

If you click on the yellow shapes you will find out more.

Click here to move on.



skull

jaw

ribs

humerus

ulna

spine

wrist

pelvis

fingers

femur

tibia and fibula

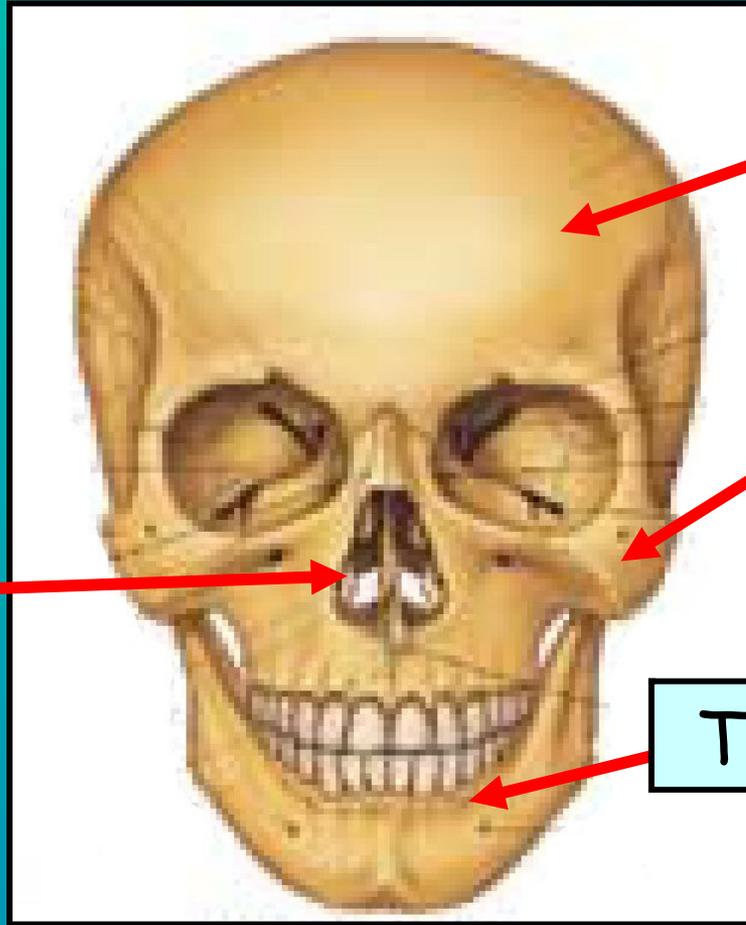
ankle

toes

The Skull

Your skull is made up of two parts.

Your nose does not have a bone in it!



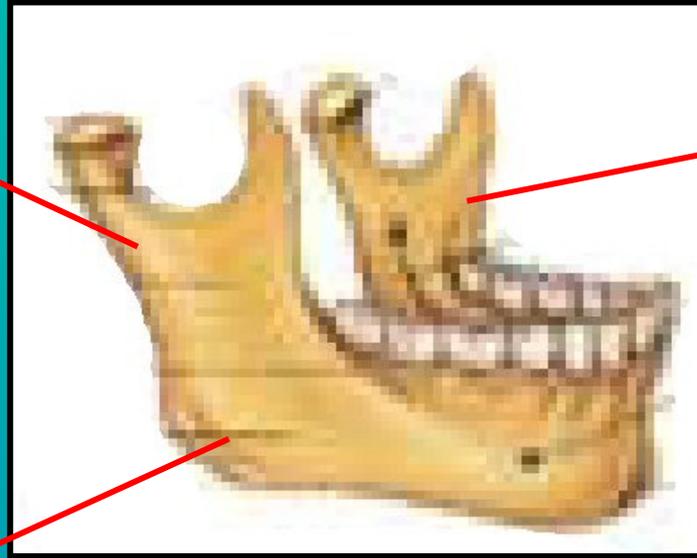
The cranium and the face.

The jaw

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The Jaw

Your jaw bone is also part of your skull



It is the only bone in your skull that moves.

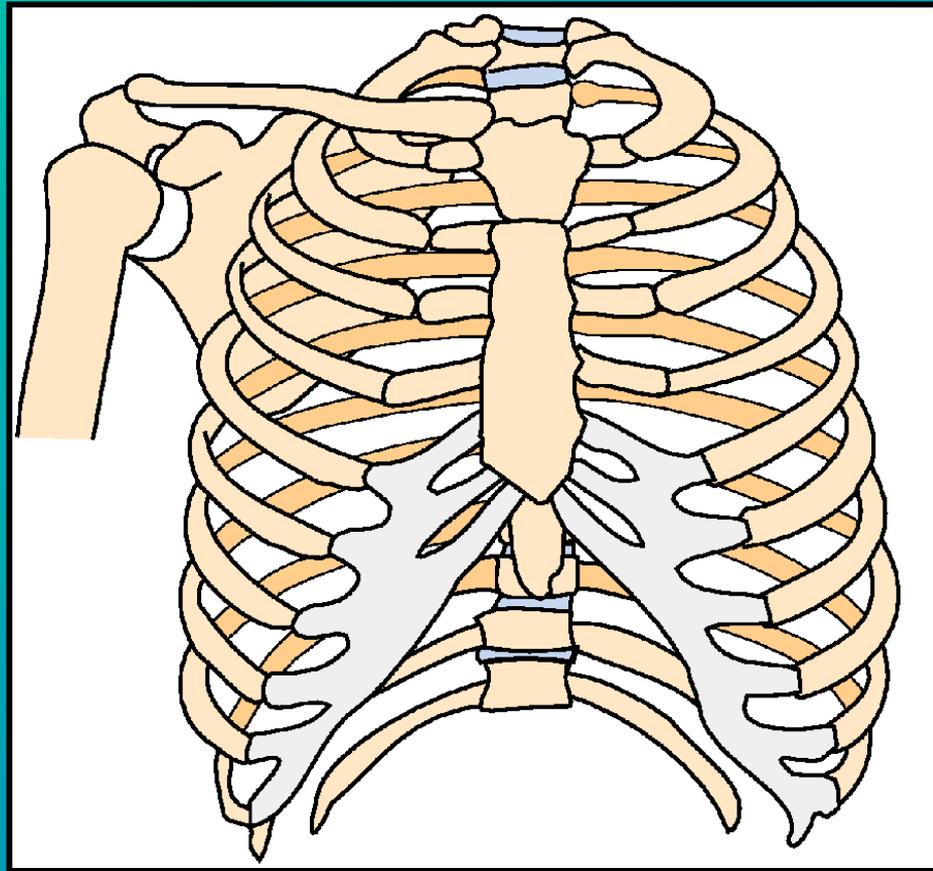
It is also called the mandible.

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The Ribs

Ribs are thin, flat curved bones.

There are 12 ribs on each side of your body



They form a protective cage around your upper body.

Your ribs move when you breathe.

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The Spine

The spine is made up of 33 bones

The bones go from the bottom of the skull to the pelvis.



These bones are called vertebrae

Your spine protects the spinal cord which runs through it.

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The Femur

This bone
is in your
thigh.



It is the
longest
and
strongest
bone in
your body.

It goes
from your
hip to
your knee.

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X-rays

Bones are not unbreakable and they do not break easily. Sometimes you can break a bone after a nasty fall or accident. Your hospital will take an x-ray to see how damaged your bones are. The person taking the x-ray is called a radiologist





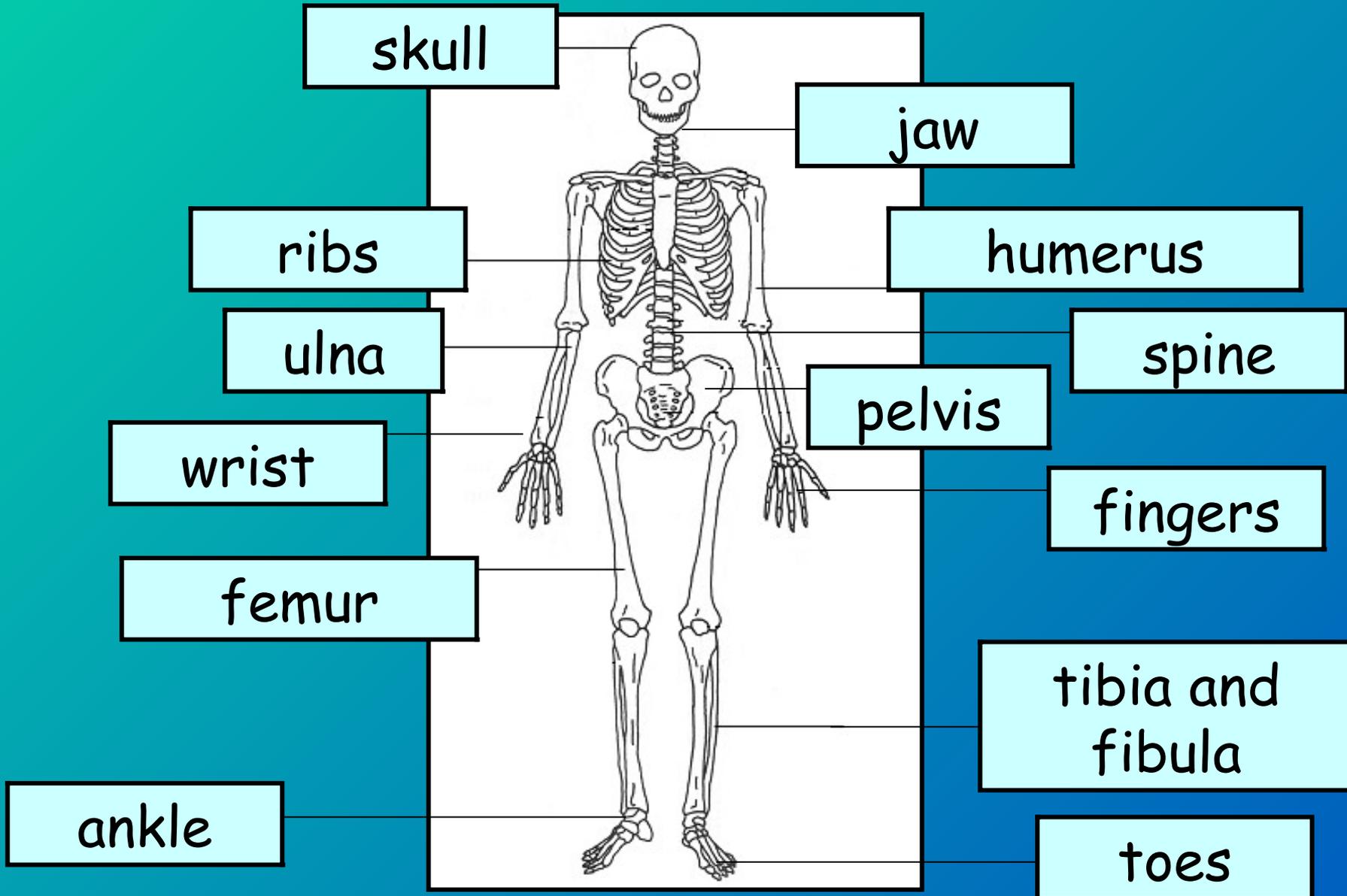
If you have broken a bone your x-ray might look like this.



If you have broken a bone a plaster technician will put it in plaster. The plaster holds the bone in position and helps it heal properly.

Let's have last look at the amazing human skeleton.

Our Bones.



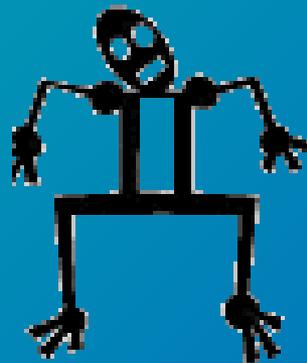
I hope you have enjoyed learning about your skeleton.

Here are some online activities you might like to try.

<http://sv.berkeley.edu/showcase/pages/bones.html>

<http://www.freeaddictinggames.com/popup/2037.html>

<http://www.geocities.com/SoHo/Coffeehouse/9025/games/skeleton.html>



www.communication4all.co.uk

