

Objective: Balance Grading Review

Static Sitting

Normal	Able to maintain balance against maximal resistance
Good	Able to maintain balance against moderate resistance
G-/F+	Accepts minimal resistance
Fair	Able to sit unsupported without balance loss and without UE support
Poor+	Able to maintain with minimal assistance from individual or chair
Poor	Unable to maintain balance - requires mod/max support from individual or chair

Dynamic Sitting

Normal	Able to sit unsupported & weight shift across midline maximally
Good	Able to sit unsupported & weight shift across midline moderately
G-/F+	Able to sit unsupported and weight shift across midline minimally
Fair	Minimal weight shifting ipsilateral/front, difficulty crossing midline
Fair-	Reach to ipsilateral side and unable to weight shift
Poor+	Able to sit unsupported with min A and reach to ipsilateral side, unable to weight shift
Poor	Able to sit unsupported with Mod A and reach ipsilateral/front - can't cross midline